

Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday



<p>10:30-11:45 Psalms of Praise Packets 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls. 3</p> <p>1:30 Mailbox Mini Mysteries &amp; Mind Joggers 1<sup>st</sup>, 2<sup>nd</sup>, &amp; 3<sup>rd</sup> fls.</p> <p>3 Family Worship Center Services on tv Ch. 193</p> <p>Evening Movie: TBA</p>	<p>10-11:30 Cranium Crunches &amp; Daily Chronicles Coming To You 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls.. 4</p> <p>1:30 1940's Fads &amp; Fashions Coming to You 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls</p> <p><b>3:30 Trivia Contest Challenge 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls.</b></p> <p><i>Trivia Day</i></p>	<p>10 Stretch &amp; Flex 2<sup>nd</sup> fl. 5</p> <p>10:30 Stretch &amp; Flex 1<sup>st</sup> fl.</p> <p>11 Stretch &amp; Flex 3<sup>rd</sup> fl.</p> <p><b>1:30 Create Your Own 2021 Vision Board 1<sup>st</sup> fl.</b></p> <p>2:30 Bingo 2<sup>nd</sup> fl</p> <p>4 Outburst 3<sup>rd</sup> fl.</p>	<p>10 Doorway Exercises 2<sup>nd</sup> fl. 6</p> <p>10:30 Doorway Exercise 1<sup>st</sup> fl.</p> <p>11 Doorway Exercise 3<sup>rd</sup> fl.</p> <p>1:30 Art Expression: Watercolor Painting 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls.</p> <p>2:30 Bingo 1<sup>st</sup> fl.</p> <p>4 Triple Treat Trivia 3<sup>rd</sup> fl</p>	<p>10 Stretch &amp; Flex 1<sup>st</sup> fl. 7</p> <p>10:30 Stretch &amp; Flex 2<sup>nd</sup> fl.</p> <p>11 Stretch &amp; Flex 3<sup>rd</sup> fl.</p> <p><b>1:30 Resolve to Be Different 1<sup>st</sup> fl.</b></p> <p>2:30 Bingo 3<sup>rd</sup> fl</p> <p>4 Traveling Titles 2<sup>nd</sup> fl</p>	<p>10:30 Chair Yoga 1<sup>st</sup> fl 1</p> <p>11 Chair Yoga 2<sup>nd</sup> fl</p> <p>11:30 Chair Yoga 3<sup>rd</sup> fl.</p> <p>1:30 1st Class Trivia 1<sup>st</sup> &amp; 3<sup>rd</sup> fls</p> <p><b>2:30 Mocktails On The Move 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls</b></p> <p>4 New Year's History, Traditions &amp; Poems 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup></p> <p>Evening Movie: TBA</p>	<p>10-11:30 Caption This &amp; Crossword Challenge 1<sup>st</sup>, 2<sup>nd</sup>, &amp; 3<sup>rd</sup> fls. 2</p> <p>1:30 Distribution of Sci-Fi Fact or Fiction</p> <p>2:30-3:30 Saturday Snack Cart on Wheels 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls</p> <p>Movie: TBA</p>
<p>10:30-11:45 Bible Facts &amp; Hymns to Him 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls. 10</p> <p>1:30 Mailbox Jeopardy &amp; Beehive Jive 1<sup>st</sup>, 2<sup>nd</sup>, &amp; 3<sup>rd</sup> fls.</p> <p>3 Family Worship Center Services on tv Ch. 193</p> <p>Evening Movie: TBA</p>	<p>10 Doorway Exercises 2<sup>nd</sup> fl. 11</p> <p>10:30 Doorway Exercise 1<sup>st</sup> fl.</p> <p>11 Doorway Exercise 3<sup>rd</sup> fl.</p> <p>1:30 Bingo 3<sup>rd</sup> fl.</p> <p>2:30 Isn't It Grand? (Canyon) 1<sup>st</sup> &amp; 2<sup>nd</sup> fls.</p> <p>4 Poetry &amp; Prose 3<sup>rd</sup> fl</p>	<p>10-11:30 Hollywood Spotlight on Joan Crawford Coming to You 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls. 12</p> <p>1:30- Exploring the Windy City 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls.</p> <p>3:30 Mailbox Mandala Designs 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls.</p>	<p>10 Doorway Exercises 2<sup>nd</sup> fl. 13</p> <p>10:30 Doorway Exercise 1<sup>st</sup> fl.</p> <p>11 Doorway Exercise 3<sup>rd</sup> fl.</p> <p>1:30 Jewelry Making 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls.</p> <p>2:30 Bingo 1<sup>st</sup> fl.</p> <p>4 Finishing Lines 3<sup>rd</sup> fl.</p>	<p>10 Distribution of Science 4 Fun Fact Pack: Vitamins &amp; Minerals 1<sup>st</sup> &amp; 3<sup>rd</sup> fls 14</p> <p>10:30 Password 2<sup>nd</sup> fl</p> <p>11 Leisure Cart 3<sup>rd</sup> fl</p> <p>1:30 Would You Rather 3<sup>rd</sup> fl</p> <p><b>2:30 DelaWhere? 1<sup>st</sup> &amp; 2<sup>nd</sup> fls</b></p> <p>4 Target Toss 3<sup>rd</sup> fl</p>	<p>10 Chair Yoga 1<sup>st</sup> fl 15</p> <p>10:30 Chair Yoga 2<sup>nd</sup> fl</p> <p>11 Chair Yoga 3<sup>rd</sup> fl.</p> <p>1:30 Sowing Seeds of Victory 1<sup>st</sup> fl</p> <p>2:30 Bingo 2<sup>nd</sup> fl</p> <p>4 History Decoded 3<sup>rd</sup> fl.</p> <p>Evening Movie: TBA</p>	<p>10-11:30 Before They Were Stars &amp; Life Behind Bars Packets 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls. 16</p> <p>1:30 Distribution of Optical Illusions &amp; Cranium Crunches</p> <p>2:30-3:30 Saturday Snack Cart on Wheels 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls</p> <p>Movie: TBA</p>
<p>10:30-11:45 Amen Corner &amp; Color Therapy Coming to You 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls. 17</p> <p>1:30 Mailbox Mind Benders &amp; Broke Millionaires 1<sup>st</sup>, 2<sup>nd</sup>, &amp; 3<sup>rd</sup> fls.</p> <p>3 Family Worship Center Services on tv Ch. 193</p> <p>Evening Movie: TBA</p>	<p>10 Doorway Exercises 2<sup>nd</sup> fl. 18</p> <p>10:30 Doorway Exercise 1<sup>st</sup> fl.</p> <p>11 Doorway Exercise 3<sup>rd</sup> fl.</p> <p>1:30 Bingo 3<sup>rd</sup> fl.</p> <p>2:30 King Quotes 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls.</p> <p><b>4 MLK Dreams To You-Cross Country Student Postcard Project 1<sup>st</sup> fl</b></p> <p><i>MLK Jr. Day</i></p>	<p>10 Stretch &amp; Flex 2<sup>nd</sup> fl. 19</p> <p>10:30 Stretch &amp; Flex 1<sup>st</sup> fl.</p> <p>11 Stretch &amp; Flex 3<sup>rd</sup> fl.</p> <p>1:30 Flying High- WWII Aircrafts 1<sup>st</sup> fl.</p> <p><b>2:30 Snow Globe Creations 2<sup>nd</sup> fl</b></p> <p>4 Book Cart &amp; Velvet Art 3<sup>rd</sup> fl</p>	<p>10 Doorway Exercises 2<sup>nd</sup> fl. 20</p> <p>10:30 Doorway Exercise 1<sup>st</sup> fl.</p> <p>11 Doorway Exercise 3<sup>rd</sup> fl.</p> <p>1:30 Art Expression: Sketch &amp; Draw-Still Life 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls</p> <p>2:30 Bingo 1<sup>st</sup> fl</p> <p>4 Pickles to Penguins 2<sup>nd</sup> fl.</p>	<p>10 Stretch &amp; Flex 1<sup>st</sup> fl. 21</p> <p>10:30 Stretch &amp; Flex 2<sup>nd</sup> fl.</p> <p>11 Stretch &amp; Flex 3<sup>rd</sup> fl.</p> <p>1:30 Manicures, Music &amp; Hand Massages 3<sup>rd</sup> fl</p> <p>2:30 Playing Card Lotto 2<sup>nd</sup> fl.</p> <p>4 Sowing Seeds of Victory 1<sup>st</sup> fl</p>	<p>10 Distribution of That's Debatable: Super Athletes: Steroids in Sports 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls 22</p> <p>1:30 All About January 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls</p> <p>3 Remembering: Driver's License Dilemmas 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls</p> <p>Evening Movie: TBA</p>	<p>10 Gizmos &amp; Gadgets The Go 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls 23</p> <p>11:30 Leisure Cart 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls.</p> <p>1:30 Distribution of The Best of The West &amp; Unwanted Guests 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls</p> <p>2:30-3:30 Saturday Snack Cart on Wheels 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls</p> <p>Movie: TBA</p>
<p><b>10:30-11:45 "Mimosas", Muffins &amp; Memories 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> 24</b></p> <p>1:30 Mailbox Words of Wisdom &amp; Who Am I? 1<sup>st</sup>, 2<sup>nd</sup>, &amp; 3<sup>rd</sup> fls.</p> <p>3 Family Worship Center Services on tv Ch. 193</p> <p>Evening Movie: TBA</p>	<p>10 Doorway Exercises 2<sup>nd</sup> fl. 25</p> <p>10:30 Doorway Exercise 1<sup>st</sup> fl.</p> <p>11 Doorway Exercise 3<sup>rd</sup> fl.</p> <p>1:30 Bingo 3<sup>rd</sup> fl.</p> <p><b>2:30 Laugh &amp; Learn 1<sup>st</sup> &amp; 2<sup>nd</sup> fls.</b></p> <p>4 Name That Tune 3<sup>rd</sup> fl.</p>	<p>10-11:30 CSI Brain Games Coming to You 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls. 26</p> <p><b>1:30- Uncover the Land Down Under 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls.</b></p> <p>3:30 Mailbox Mad Gab &amp; Match Ups 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls.</p>	<p>10 Doorway Exercises 2<sup>nd</sup> fl. 27</p> <p>10:30 Doorway Exercise 1<sup>st</sup> fl.</p> <p>11 Doorway Exercise 3<sup>rd</sup> fl.</p> <p><b>1:30 Happy Birthday Mozart 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls.</b></p> <p>2:30 Bingo 1<sup>st</sup> fl.</p> <p>4 Do You Hear What I Hear? 3<sup>rd</sup> fl.</p>	<p>10 Distribution of Science 4 Fun Fact Pack: Geysers &amp; Glaciers 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls 28</p> <p>10:30 Stress Busters 1<sup>st</sup> fl</p> <p>11 Leisure Cart 2<sup>nd</sup> fl</p> <p>1:30 Manicures, Music &amp; Hand Massages 1<sup>st</sup> &amp; 2<sup>nd</sup> fls.</p> <p>2:30 Mandalas &amp; Music 3<sup>rd</sup> fl</p> <p>4 Bingo 2<sup>nd</sup> fl.</p>	<p>10 Chair Yoga 1<sup>st</sup> fl 29</p> <p>10:30 Chair Yoga 2<sup>nd</sup> fl</p> <p>11 Chair Yoga 3<sup>rd</sup> fl.</p> <p>1:30 Picture This 1<sup>st</sup> fl.</p> <p><b>2:30 Gourmet Cocoa &amp; Cookies Beverage Cart 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls</b></p> <p>4 Family Feud 3<sup>rd</sup> fl</p> <p>Evening Movie: TBA</p>	<p>10-11:30 Make Your Point &amp; Mad Cap Comics Coming To You 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls 30</p> <p>1:30 Distribution of Riddle Me This &amp; Seek &amp; Find Challenge 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls</p> <p>2:30-3:30 Saturday Snack Cart on Wheels 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> fls</p> <p>Movie: TBA</p>



**Please note:** Activities are held group spaced, through doorways, in separate areas, and in rooms depending on current guidelines. Independent activities and supplies are also available upon request.