

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>HIDDEN MEADOWS ON THE RIDGE By Discovery Senior Living</p>			 <p>CELEBRATIONS ACTIVITIES & EVENTS</p>	<p>10 Bible Study w/ Penny 1st fl lounge 10:30 Activity Meeting 11 Resident Council Mtg. 1:30 History Decoded 2:30 Password & Arnold Palmers 4 Easy Listening: Smooth Jazz</p>	<p>10 Chair Yoga 10:30 Facts About America That Most Americans Don't Know 11:15 Music on The Go 3rd fl. 1:30 Ring Toss 2:30 Watermelon Eating Contest & Social (café) 4 Apples To Apples Movie: TBA</p>	<p>10:30 Exercise 11 Jingo 1:30 Distribution of Amazing Gold Mines & Finishing Lines 1st, 2nd & 3rd fls 2:30 Saturday Afternoon Social 1st, 2nd & 3rd fls. Movie: TBA</p>
<p>10:30 Patriotic Sing Along 11 Land of The Free-Lucky Lotto Game <i>Special indoor picnic lunch served today!</i> 1:30 Crosswords & Cryptograms Coming to You 1st, 2nd & 3rd fls. 3 Family Worship Center Services (Ch. 193) 8 Movie:TBA</p>	<p>10 Exercise 10:30 Patio Planters 11:15 July Facts & Fun 1:30 Wii Carnival Games 2:30 Bingo 4 Dancin' Thru the Decades w/ America's Top Hits 6 Horseshoe Pitching on The Patio (resident run)</p>	<p>10 Stretch & Flex 10:30 Coffee Club & Chronicles 11:15 Roll & Stroll 1:30 Armchair Travels to Pamplona, Spain 2:30 Off to the (Bull) Races Game 4 Spanish 101 w/ Enrique</p>	<p>10 Chair Yoga - Theatre 10:30 Manicures, Music & Hand Massages 11:30 Traveling Tunes 3rd fl 1:30 Art Expression: Watercolor Painting 2:30 Lucky 7 Lotto 4 A Tribute To: Ringo Starr 6 Puzzles & Ponderings 1st fl lounge (independent)</p>	<p>10 Bible Study w/ Penny 1st fl lounge 10:30 Words In A Word 11:15 Pass the Pigs 1st fl lounge 1:30 Scenic Drive & Donuts (Sign up by 11am on 2nd fl theatre) 2 Mandalas & Music 4 America's Nat'l Parks Virtual Tour Series 1-Theatre 6 Hidden Meadows Chorus</p>	<p>10 Stretch & Flex 10:30 Hollywood Spotlight On Tom Hanks 11:30 Leisure Cart 3rd fl 1:30 Sudoku Challenge 2:30 Chef's Demo & Taste Social (café) 4 Mexican Train Dominoes 1st fl lounge (resident run) Movie: TBA</p>	<p>10:30 Guided Imagery: A Walk on the Beach 11 Creative Crafting: Custom Decoupage Jars 1:30 Distribution of Those Who Bake & Baseball Greats 1st, 2nd & 3rd fls 2:30 Saturday Afternoon Social 1st, 2nd & 3rd fls. Movie: TBA</p>
<p>10:30 Light Weights 11 Big Boggle, Biscotti & Java Brew 1:30 Mailbox Mad Libs & Truth or Fibs 1st, 2nd & 3rd fls 2 Bible Baptist Church Service 1st fl lounge 8 Movie: TBA</p>	<p>10 Exercise 10:30 Patio Planters 11:15 Name That Tune 1:30 <i>Jawsome Shark Tales</i> 2:30 Bingo 4 Saint Agnes Service 1st fl lounge 6 Horseshoe Pitching on The Patio (resident run)</p>	<p>10 Sit & Be Fit 10:30 Coffee Club & Chronicles 11:15 Roll & Stroll 1:30 Jewelry Making: Charm Bracelets & Key Chains 2:30 Name 5 4 <i>Make & Take Shark Bait</i> 6 Playing Card Lotto</p>	<p>10 Easy Cardio 10:30 Manicures, Music & Hand Massages 11:30 Leisure Cart 3rd fl 1:30 All About the Artist: James Whistler 2:30 <i>Card Sharks Game</i> 4 Bean Bag Bullseye 6 Puzzles & Ponderings 1st fl lounge (independent)</p>	<p>10 Bible Study w/ Penny 1st fl lounge 10:30 Table Games 11:15 Picture This 1st fl lounge 1:30 <i>Gone Fishin' Contest</i> 2:30 Tea (iced) & Trivia 4 Karaoke Open Mic – Theatre</p>	<p>10 Chair Tai Chi 10:30 The Game of Things 11:15 Music on The Go 3rd fl. 1:30 <i>Seaside Treasures & Photo Op</i> 2:30 July Birthday Social (café) 4 Kubb Bowling Movie: TBA</p>	<p>10:30 Exercise 11 Kids Say the Darndest Things 1:30 Distribution of <i>Corporate Sharks</i> & Make Your Mark 1st, 2nd & 3rd fls 2:30 Saturday Afternoon Social 1st, 2nd & 3rd fls Movie: TBA <i>Tisha B'Av begins at sundown</i></p>
<p>10:30 Sit & Be Fit 11 Amen Corner & Hymn Sing 1:30 Mailbox Mind Joggers & Bumbling Robbers 1st, 2nd & 3rd fls 3 Family Worship Center Services (Ch. 193) 8 Movie</p>	<p>10 Exercise 10:30 Patio Planters 11:15 Caption This 1:30 Wii Sports Challenge 2:30 Bingo 4 Veteran's History Project 6 Horseshoe Pitching on The Patio (resident run)</p>	<p>10 Stretch & Flex 10:30 Coffee Club & Chronicles 11 Memories of Man on The Moon Day 1:30 Sing Along Songs 2:30 A Healthier You Presented By Good Shepard Rehab 4 Mini Mysteries & Mocktails</p>	<p>10 Chair Yoga - Theatre 10:30 Manicures, Music & Hand Massages 11:30 Traveling Tunes 3rd fl 1:30 Art Expression: Acrylic Painting 2:30 Penny Ante 4 Washers Toss 6 Puzzles & Ponderings 1st fl lounge (independent)</p>	<p>10 Bible Study w/ Penny 1st fl lounge 10:30 Stained Glass Coloring & Country Music 11:15 Spoonerisms 1st fl lounge 1:30 You Tube Review 2:30 My Country, Through My Eyes 4 That's It! 6 Nifty Fifties Celebration</p>	<p>10 Drumming Fitness 10:30 Scruples 11:30 Leisure Cart 3rd fl 1:30 Collector's Corner-Tupperware "Party" 2:30 Bursting w/ Blueberries Social (café) 4 Mexican Train Dominoes 1st fl lounge (resident led) Movie: TBA</p>	<p>10:30 Memories & Mementos 11 Olympic Gold Bingo 1:30 Distribution of Caverns & Caves & Things That Wave 1st, 2nd & 3rd fls 2:30 Saturday Afternoon Social 1st, 2nd & 3rd fls. Movie: TBA</p>
<p>10:30 Light Weights 11 Bible Outburst & Hymn Sing 1:30 Mirror Mirror & Monkey See, Monkey Do Coming to You 1st, 2nd & 3rd fls. 3 Family Worship Center Services (Ch. 193) 8 Movie</p>	<p>10 Exercise 10:30 Patio Planters 11:15 Out of Order 1:30 Karaoke Open Mic - Theatre 2:30 Double Card Bingo 4 Rosary (on cd) 1st fl Lounge 6 Horseshoe Pitching on The Patio (resident run)</p>	<p>10 Sit & Be Fit 10:30 Coffee Club & Chronicles 11 Roll & Stroll 1:30 Gizmos & Gadgets 2:30 You Be The Judge 4 Frisbee Can Slam 6 Best of The US Bingo</p>	<p>10 Easy Cardio 10:30 Manicures, Music & Hand Massages 11:30 Leisure Cart 3rd fl 1:30 Art Expression: Stories Behind the Art 2:30 Music Bingo 4 Tic, Tac, Toss 6 Puzzles & Ponderings 1st fl lounge (independent)</p>	<p>10 Bible Study w/ Penny 1st fl lounge 10:30 Table Games 11:15 Name That Tune 1st fl lounge 1:30 Roll & Remember 2:30 America's Nat'l Parks Virtual Tour Series 2-Theatre 4 Target Practice</p>	<p>10 Stretch & Flex 10:30 Sacred Places & Spaces In The USA 11:30 Music on the Go 3rd fl 1:30 Bocce Ball 2:30 Wine & Cheese Social 4 Rockin' & Boppin' Down Memory Lane Movie: TBA</p>	<p>10:30 Exercise 11 Penny Ante 1:30 Distribution of Color Therapy & Crossword Contest 1st, 2nd & 3rd fls 2:30 Saturday Afternoon Social 1st, 2nd & 3rd fls. Movie: TBA</p>

Please note: Activities are held distant spaced and masks are required. Activities are held on the 2nd fl Activity Area unless otherwise noted. Outdoor activities are weather permitting and calendar is subject to change.