

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 HIDDEN MEADOWS ON THE RIDGE By Discovery Senior Living		<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Join us as we celebrate, Mystery, Halloween Safety, High-Tech, Positive Attitude Month and much more!</p> </div>				
10:30 Stretch & Flex 11 Fascinating Bible Facts 11:30 Hymn Sing 1:30 Drop the Duck & Who's Got Luck Coming to You 1 st , 2 nd & 3 rd fls. 3 Family Worship Center Services (Ch. 193) 6 Movie: Love Strikes Twice-Hallmark Ch.	10 Light Weights 10:30 Patio Planters 11:15 Guided Imagery: A Walk in the Mountains 1 st fl lounge 1:30 Never Fear (game & info.) 2:30 Bingo 4 Karaoke Open Mic-Theatre 6 Horseshoe Pitching on The Patio (resident led)	10 Sit & Be Fit 10:30 Coffee Club & Chronicles 11 Roll & Stroll 1:30 Chicken or The Egg 2:30 Poker Pitch Game 4 Feel Good Stories to Share 6 Pumpkin Palooza Bingo	10 Exercise 10:30 Manicures, Music & Hand Massages 11:30 Leisure Cart 3 rd fl 1:30 Art Expression: Halloween Door Décor 2:30 Indoor Bocce Game 4 Hollywood Spotlight on Carole Lombard	10 Bible Study w/ Penny 1st fl lounge 10:30 Activity Planning Mtg. 11 Resident Council Mtg. 1:30 Country Ride by The Lakeside (Sign up by 11am on 2 nd fl theatre) 2 Mandalas & Music 3:30 Operation Breakthrough-A Whale of a Tale	10 Stretch & Flex 10:30 Strange but True 11:15 Leisure Cart 3 rd fl. 1:30 You Tube Review 2:30 Sweet Treat Social: Grilled Pineapple Sundaes-Café 4 Mexican Train Dominoes 1 st fl. lounge (resident led) 6 Movie: Perfect Bride Hallmark Ch.	10:30 Chair Tai Chi 11 Make & Take: Mini Donuts & Dalgona Coffee 1:30 Distribution of Redwood National Park & Happy as A Lark 1 st , 2 nd & 3 rd fls. 2:30 Saturday Afternoon Social (café) 5:45 Movie: Young Frankenstein ch. 243
10:30 Sit & Be Fit 11 Amen Corner 11:30 Hymn Sing 1:30 Mailbox Moon Over Miami & Mind Joggers 1 st , 2 nd & 3 rd fls. 2 Bible Baptist Church Service 1 st fl lounge 6 Movie: South Beach Love-Hallmark Ch.	10 Chair Tai Chi 10:30 Make & Donate: Pick Me Up Bouquets 11:15 Remember When... 1:30 Target Practice 2:30 Bingo 4 Saint Agnes Church Service- 1 st fl lounge 6 Horseshoe Pitching on The Patio (resident led) <i>Columbus Day</i>	10 Easy Cardio 10:30 Coffee Club & Chronicles 11 Roll & Stroll 1:30 Gratitude Pictionary 2:30 Technology Tuesday: iPhone Tips & Techniques 4 Sing Along Songs	10 Exercise 10:30 Manicures, Music & Hand Massages 11:30 Poetry on The Go 3 rd fl 1:30 Cultural Project: Wycinanki-Style Art 2:30 Off to The Races-Horseracing Game 4 Name That Tune	10 Bible Study w/ Penny 1st fl lounge 10:30 Color Therapy: Paper Stained Glass Designs 11 The Basics & Benefits of Sign Language 1 st fl lounge 1:30 Out to Asher's Chocolates (Sign up by 11am on 2 nd fl theatre) 2 Easy Listening: Love Songs 4 Rebound Shuffleboard 6 Murder, Mystery & Mocktails	10 Drumming Exercise: The Up-Beaters! 10:30 That's Italian! 11:15 Leisure Cart 3 rd fl. 1:30 What's In The Box 2:30 Chef's Demo & Taste Social-Café 4 Mexican Train Dominoes 1 st fl. lounge (resident led) 6 Movie: Village of The Damned-Ch. 243	10:30 Light Weights Exercise 11 Scarecrow Saturday (making & decorating) 1:30 Distribution of Who Is Kevin Kline & Look at The Time 1 st , 2 nd & 3 rd fls. 2:30 Saturday Afternoon Social (café) 5:40 Movie: Batman ch. 243
10:30 Stretch & Flex 11 Key Secrets to Spiritual Happiness 11:30 Hymn Sing 1:30 The Story Behind SPAM & Funny Telegrams Coming to You 1 st , 2 nd & 3 rd fls. 3 Family Worship Center Services (Ch. 193) 8 Movie: Illegal ch. 243	10 Exercise 10:30 Patio Planters 11:15 Antonym Antics 1 st fl lounge 1:30 Essence of Cheerful Aromas 2:30 Bingo 4 Cruise Alaska Day -Theatre 6 Horseshoe Pitching on The Patio (resident led)	10 Sit & Be Fit 10:30 Coffee Club & Chronicles 11 Roll & Stroll 1:30 Pet Therapy Visit 2:30 Frisbee Can Slam 4 Black Jack 21- 1 st fl. Lounge 6 Juke Box Music Bingo	10 Exercise 10:30 Manicures, Music & Hand Massages 11:30 Leisure Cart 3 rd fl 1:30 Art Expression: Be Nice or Leaf Tile Making 2:30 Bucket Ball Challenge 4 What's in The Secret Chamber of Mount Rushmore	10 Bible Study w/ Penny 1st fl lounge 10:30 Word Puzzlers Challenge 11 The Benefits & Basics of Sign Language 1 st fl lounge 1:30 Out to Freddy Hill Farm (Sign up by 11am on 2 nd fl theatre) 2 Easy Listening: Love Songs 4 Rebound Shuffleboard	10 Chair Tai Chi 10:30 Famous Texans & Southern Slang 11:15 Music on The Move 3 rd fl. 1:30 Wii Games- Theatre 2:30 Chili Contest & Tasting Social-café 4 Mexican Train Dominoes 1 st fl. lounge (resident led) 7 Movie: TBA	10:30 Stretch & Flex 11 Penny Ante Game 1:30 Distribution of Words In A Word & King of the Herd 1 st , 2 nd & 3 rd fls. 2:30 Saturday Afternoon Social (café) 5:40 Movie: TBA
10:30 Sit & Be Fit 11 Bible Outburst 11:30 Hymn Sing 1:30 Mailbox Masqueraders & Music Trivia 1 st , 2 nd & 3 rd fls. 3 Family Worship Center Services (Ch. 193) 8 Movie: TBA	10 Easy Cardio 10:30 Live Nature Web Cams Top Picks-Theatre 11:15 Scruples 1:30 Kubb Bowling 2:30 Bingo 4 Karaoke Open Mic-Theatre 6 Horseshoe Pitching on The Patio (resident led)	10 Stretch & Flex 10:30 Coffee Club & Chronicles 11 Roll & Stroll 1:30 Pumpkin Decorating & (staff) Carving Creations 2:30 Helping Hands 4 Mandalas & Music	10 Exercise 10:30 Manicures, Music & Hand Massages 11:30 Poetry on The Go 3 rd fl 1:30 The Art Story Behind the Not So Famous Relatives: Charles Pollock & Blanche Monet 2:30 Wii Hollywood Squares 4 Basketball Hoop Shots	10 Bible Study w/ Penny 1st fl lounge 10:30 The Witches Cauldron 11 Broadway Backstage 1 st fl lounge 1:30 Scenic Drive & Donuts (Sign up by 11am on 2 nd fl theatre) 2 Word Puzzlers (indep.) 4 Dem Bones Dice Game 6-7 Safe Trick or Treat Event	10 Stretch & Flex 10:30 All About October 11:15 Leisure Cart 3 rd fl. 1:30 Frankenstein Friday Scavenger Hunt 2:30 Walking on Sunshine Wine & Cheese Social-Café 4 Mexican Train Dominoes 1 st fl. lounge (resident led) 7 Movie: TBA	10:30 Chair Tai Chi 11 Gizmos & Gadgets 1:30 Distribution of The Man Behind the Music (Tchaikovsky) & Word Trifectas 2:30 Saturday Afternoon Social (café) 8 Movie: TBA
10:30 Wicked Work-Out 11 Frightfully Fun Family Feud 11:30 Reverse Trick or Treats 1:30 Mailbox Monster Match-Ups & Magic Categories 1 st , 2 nd & 3 rd fls. 3 Family Worship Center Services (Ch. 193) 8 Movie: TBA <i>Halloween</i>						

*Activities are held on the 2nd fl. Activity Area unless otherwise noted. Outdoor activities are weather permitting and calendar is subject to change.